



QUESTIONS TO ASK

These questions are for men that are living with metastatic prostate cancer. Prostate cancer that spreads outside the prostate to other parts of the body is called metastatic prostate cancer (also called stage IV or advanced prostate cancer). Although metastatic prostate cancer cannot be cured, it can be treated and managed. Today, men are living longer with metastatic prostate cancer. These questions may help you to talk openly with your doctor about how best to manage your advanced prostate cancer.

Questions For Your Doctor and Health Care Team

- How do you know that I have advanced prostate cancer?
- What does it mean that the cancer has metastasized?
- Where is the cancer (metastases) in my body?
- What ongoing tests can I expect to monitor the disease?
Are there any risks with these tests?
- What are all of my treatment options?
- Which treatment do you recommend and why?
- What are the benefits of the treatment you recommend?
- What are the risks and potential side effects of the treatment you recommend?
- How long do I have to make my decision?
- What do you suggest if/when the current treatment stops working?
- How will you manage pain?
- Am I eligible for a clinical trial?
- I have heard that chemotherapy is a very hard treatment, how can you help me maintain a good quality of life while having this treatment?
- What support services are available for me and my family?

**Consider Using
A Notebook
At Your
Appointments**



If you have metastases only in the bone

- Where are the treatments available to manage the pain from the cancer in my bones?
- What are the side effects of this treatment?
- How many visits will this treatment require?

LEARN MORE

We encourage you to use this information in conversations with your health care team about prostate cancer and related topics. For more information about prostate cancer and ZERO – The End of Prostate Cancer, visit our website www.zerocancer.org/learn.

Support provided by Astellas, Medivation, and Janssen.

ZERO - The End of Prostate Cancer provides this information as a service. It is not intended to take the place of medical professionals or the recommendations of your healthcare team. We strongly suggest consulting your healthcare team if you have questions about your specific care.