

## 10 THINGS THE LGBT COMMUNITY SHOULD KNOW ABOUT PROSTATE CANCER

1

One in seven men will be diagnosed with prostate cancer in their lifetime. Gay men carry the same risk as straight men, but research suggests that they progress to advanced cancer more slowly.

2

The risk of prostate cancer isn't increased by oral or anal sex.

3

Gay and bisexual men report a greater negative impact on physical and psychosocial quality of life from prostate cancer than straight men. Malecare helps our GBT prostate cancer survivor community restore emotional health.

4

Support resources exist for gay men impacted by prostate cancer, such as support groups and literature. Contact Malecare for more information and additional resources.

5

Transgender women can get prostate cancer too. We're still learning about the impact of male to female transitional hormones and surgeries on prostate cancer.

## 10 THINGS THE LGBT COMMUNITY SHOULD KNOW ABOUT PROSTATE CANCER

**6**

Having a predominately male cancer can be emotionally difficult for transgender women and gender non-conforming individuals. Malecare's support network and social workers can help you work through these feelings.

**7**

If diagnosed at an early stage, nearly 100% of all people with prostate cancer will be alive five years after diagnosis.

**8**

Over 2.9 million people in the U.S. have been diagnosed with prostate cancer at some point in their lives.

**9**

The biggest risk factors for prostate cancer are race and family history. Make sure you talk to your doctor about your risk and learn about testing.

**10**

Knowledge is power. If you or someone you love is diagnosed with prostate cancer, learn everything you can about the diagnosis. Visit [www.zerocancer.org/learn](http://www.zerocancer.org/learn) and [www.malecare.org](http://www.malecare.org)