

## 10 THINGS THE LGBTQ+ COMMUNITY SHOULD KNOW ABOUT PROSTATE CANCER

1

One in eight men will be diagnosed with prostate cancer in their lifetime. Gay men carry the same risk as straight men.

2

The risk of prostate cancer isn't increased by oral or anal sex.

3

Gay and bisexual men report a greater negative impact on physical and psychosocial quality of life from prostate cancer than straight men. Malecare helps our LGBTQ+ prostate cancer survivor community restore emotional health.

4

Support resources exist for gay men impacted by prostate cancer, such as support groups and literature. Contact Malecare for more information and additional resources.

5

Transgender women can get prostate cancer too. We're still learning about the impact of male to female transitional hormones and surgeries on prostate cancer.

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**6**

Being diagnosed with prostate cancer can be emotionally difficult for transgender women and gender non-conforming individuals. Malecare's support network and social workers can help you work through these feelings.

**7**

If diagnosed at an early stage, nearly 98% of all people with prostate cancer will be alive five years after diagnosis.

**8**

More than 3.1 million people in the U.S. are living with prostate cancer.

**9**

The biggest risk factors for prostate cancer are race and family history. Make sure you talk to your doctor about your risk and learn about testing.

**10**

Knowledge is power. If you or someone you love is diagnosed with prostate cancer, learn everything you can about the diagnosis. Visit [www.zerocancer.org](http://www.zerocancer.org) and [www.malecare.org](http://www.malecare.org)